SOCIAL ACTIVITIES DURING EPIDEMIC

During second phase of covid-19 epidemic, our college in collaboration with Collectorate Office, Palanpur had commenced Covid Monitoring and Response Centre by forming groups of 7 NSS volunteers per week for 49 days from 11/05/2021 and consoled the Covid-19 patients telephonically. The volunteers obtained necessary details of the patients. The details included the information regarding name of the doctor treating them, time and medicines etc. The details were thereafter shared with the health department. The NSS volunteers learnt many new things and got experience of social service. The patients also felt good and relaxed from the burden of Covid-19 disease. The District Collector appreciated the work and felicitated group leader Monika Thakkar and Prof. R.D.Varsat, Programme Officer. They were also awarded appreciation certificates.

1. Title of the Practice-SOCIAL ACTIVITIES DURING EPIDEMIC

Keywords: Covid Monitoring, health department, NSS

2. Objectives of the Practice:

The main objectives of the COVID-19 was to quantify hospital-based outcomes and deaths, affected persons, shared information regarding name of the doctor treating them, time and medicines and general practice data.

3. The Context

The COVID-19 pandemic had profound impact on lives and livelihoods near the patient. Telephonic talks and online consultations are helpful during this crisis period but we did not dare to face-to-face interaction between the doctor and the patient obviously that was not possible for us. So this was the main question that as an academician we cannot contact affected person. Moreover, students had to sacrifice their studies and safety while performing social services. Preventive measures include physical or social distancing, quarantining, and ventilation of indoor spaces, covering coughs and sneezes, hand washing, and keeping unwashed hands away from the face. The use of face masks or coverings has been recommended in public settings to minimise the risk of transmissions.

4. The Practice

During second phase of covid-19 epidemic, our college in collaboration with Collectorate Office, Palanpur had commenced Covid Monitoring and Response Centre by forming groups of 7 NSS volunteers per week for 49 days from 11/05/2021 and consoled the Covid-19 patients telephonically. The volunteers obtained necessary details of the patients. The details included the information regarding name of the doctor treating them, time and medicines etc. The details were thereafter shared with the health department. The NSS volunteers learnt many new things and got experience of social service. The patients also felt good and relaxed from the burden of Covid-19 disease. The District

R. R. Mehta College of Science & C. L. Parikh College of Commerce PALANFUR - 385901.

Collector appreciated the work and felicitated group leader Monika Thakkar and Prof. R.D.Varsat, Programme Officer. They were also awarded appreciation certificates.

5. Evidence of Success

Some photos regarding this practice are attached. The NSS volunteers learnt many new things and experience. The patients also felt good and relaxed from the burden of Covid-19 disease due to our communication. The Covid 19 pandemic changed life as we know it—and it may have changed us individually as well, from our morning routines to our life goals and priorities.

6. Problems Encountered and Resources Required

The coronavirus disease 2019 (COVID-19) is profoundly affecting life around us. Isolation, contact restrictions and economic shutdown impose a complete change to the psychosocial environment in affected countries. As the pandemic is evolving through phases, this best practice evaluated the impact might have on mental health of children. Fear of spread of the COVID-19, disciplinary lockdown, and delay in getting back to the normal routine was also problem to us.

Therefore we require computer to evaluate data regarding this best practice and excess health work force during the COVID-19 pandemic.

R. R. Mehta College of Science & C. L. Parikh College of Commerce PALANPUR - 385001.